

# Foundations of Real Freedom

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# The Liberty Project

About Real Freedom



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## **Introduction.**

The content and teaching of **Real Freedom** is like zooming in with a camera lens and taking a closer look at particular topics and issues of the heart that help us to connect with God at a more substantial level, while inviting the Holy Spirit to illuminate Jesus to us and also the degree of our brokenness, which we may offer it to Him for his healing.

**Isaiah 61** is the core and foundation of our content here and while we receive the Lord's freedom and renewed life, we also re-discover our lost identity, purpose, and communion with Him.

These have always remained imbedded in His heart, but lost to us, like an ancient treasure buried beneath an ocean ship wreck. It has always been there we just didn't know it, or the way to get to it.

The original plan and the map that God has for our lives has never changed. The only reason for those ideals of His to be unfulfilled is that we have turned away from it and lost the true sense of our own identity and strength.

The Liberty Project helps us receive a new compass and direction from God to turn ourselves back again to that original plan, which is rooted in our real identity and spiritual genes.

### **Using this manual**

God speaks to us in many ways, and at different times and with varying intensity. He is constant in His creative communication.

This book is only a tool to help you discover your own way of hearing and receiving from Him. It is designed to expose you to new thoughts, ideas and possibilities.

Don't be afraid to imagine. (Eph.3:20)

## **Definitions.**

### **Life**

To know God as our source.

### **Death**

The misery of the soul, and the absence of God from the soul, arising from sin.

### **Sin**

The choice to use anything but God as my only source of life.

### **Freedom**

The ability to respond fully to God out of who he made you and redeemed you to be

### **Stronghold**

Anything we know to be against the will of God that we also see as unchangeable.

## **Real Freedom** – Changing the way we see.

Isaiah 61:1-3

*The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion— to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.*

Human Trinity (1.Thess.5:23)

- Spirit
- Soul
- Body

“The inability to know the difference between spirit and soul is \_\_\_\_\_ to spiritual maturity”

Watchman Nee

### **Freedom –**

The ability to respond fully to God out of who he \_\_\_\_\_ you and \_\_\_\_\_ you to be.

### ? **Am I Free if ...**

- I have access to indulge in anything I desire
- I have choices that I can make without outside interference
- There is an absence of oppression
- I can live life independently

### **Freedom –**

Not the absence of something but the presence of \_\_\_\_\_ (2.Co.3:17)

You can still be defined by the \_\_\_\_\_ and have \_\_\_\_\_ thinking.

### **Freedom –**

“Whoever the Son sets free is free \_\_\_\_\_” (Jn.8:32)

Including the territory of your \_\_\_\_\_

## Two Trees - Two Choices.

*“Therefore, just as through one man, sin entered the world and death through sin, and thus death spread to all men, because all sinned”. (Ro. 5:12)*

### Genesis 3:1-7

Evil = \_\_\_\_\_

Good = \_\_\_\_\_

When we choose \_\_\_\_\_ we are not necessarily choosing \_\_\_\_\_

*“That which proceeds out of the man, that is what defiles the man. For from within, out of the heart of men... All these evil things proceed from within and defile the man.” (Mk. 7:21-23)*

**“Is the vomit the sickness or is the sickness something deeper within”?**

**We were never created to make decisions about good and evil but rather to make the decision about God and His presence.**

*“I call heaven and earth to witness against you today, that I have set before you; life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants (Dt.30:19)*

**To choose Jesus is to choose life, anything else is death, the same death that came to Eden.**

### ? Questions: - Good or Bad?

1. Will it make \_\_\_\_\_ look bad?
2. Does it agree with what \_\_\_\_\_ already know and have decided is true?
3. Will \_\_\_\_\_ have to get rid of some habits, thoughts and beliefs \_\_\_\_\_ have built my whole life upon?
4. Can I accept it and still remain in \_\_\_\_\_ tribe / group?

# You Are What You Eat!



*“See, this alone I found, that God made man upright, but they have sought out many schemes.  
Ecclesiastes 7:29*



*“So, every healthy tree bears good fruit, but the diseased tree bears bad fruit. A healthy tree cannot bear bad fruit, nor can a diseased tree bear good fruit.” (Mt.7:17-18)*





**Hearing God:** What language does He speak?

? **Informed versus Transformed**

Life at its very foundation is a life of hearing God and responding to Him. This transforms us.

You can hear God and you have heard and seen God.

*‘For since the creation of the world God’s invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made’.* (Romans 1:20)

*“The watchman opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out”.* (Jn. 10:3)

**How Do We Hear from God?**

- a. Scripture
- b. Preaching + Teaching
- c. Conversation
- d. Prophecy
- e. Journaling
- f. Impressions
- g. Dreams + Visions
- h. Mystical

As you hear, your faith grows and your true identity and the nature of God are uncovered layer by layer.

**New experiences necessary**

**“Father, what belief (s) do I have that is keeping me from hearing Your voice?”**

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**“A verse, or a song? Father will show me what it means from you to me?”**

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## Hearing God

“Long ago, at many times and in many ways, God spoke to our fathers by the prophets, but in these last days he has spoken to us by his Son. (Heb. 1:1-3)

### Definitions

- Words are a limited means of \_\_\_\_\_
- Ideas can reveal the \_\_\_\_\_ of the matter.

Often our hearing of God is not for **the heart of the matter** but a rule to follow, that I can use to prove that I am right. This is eating from the tree of \_\_\_\_\_

Much of our listening is \_\_\_\_\_ not to hear!

? Have you already heard, and are you now hearing...

- Judgment instead of restoration
- Separation instead of friendship
- Death instead of life.

“Sometimes we cannot hear because of what we have already heard”. - Bill Johnson

God speaks the language of \_\_\_\_\_ through a **Spirit to spirit exchange**. (1Co.2:10-14)

**His revelation changes** \_\_\_\_\_ which leads to \_\_\_\_\_

**God wants to talk about who we are,** \_\_\_\_\_ **and who He is in us.**

- You are an incredible individual *Ps 139:14*
- You are the place God chooses to dwell *1 Co.6:19*
- You are marked and sealed as God’s possession *Eph. 1:14*

### A new prayer?

My Father, will you show me

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## **Life Change that Lasts –**

It's not about behavior and morals

### **Level 1: Environment**

*“Not that I speak from want, for I have learned to be content in whatever circumstances I am”.*  
(Php. 4:11-13)

If I could just get \_\_\_\_\_, my life would be \_\_\_\_\_.

The immediate but not so obvious \_\_\_\_\_ is; wherever you go, **you are there!**

Freedom is not found in a better environment

### **Level 2: Behavior**

Is there something about me that leads me into this repetitive cycle of circumstances?”

Try harder - be better! And/or – what you have done you should not have done.

Efforts done by rote, without facing our problems, are useless, *“lacking any value in restraining sensual indulgence”* (Col. 2:23).

#### **The Crazy Dance:**

Act stupid. Feel stupid. Think we are stupid. We act stupid again.

I keep trying to:

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**The Kingdom of God is like a fish bowl – Not!**

### **Level 3: Capabilities/Limitations**

You may hear, “There is something wrong with me because I do not have access to blank.”

If you hear that then this is not the voice of God, but the voice of the enemy.

- There is something wrong with me **because I am**

\_\_\_\_\_

- There is something wrong with me **because I cannot**

\_\_\_\_\_

- I am **disqualified from** \_\_\_\_\_ because \_\_\_\_\_

- I cannot \_\_\_\_\_ because I \_\_\_\_\_

### **Level 4: Core Beliefs**

#### **Definitions**

- Thoughts \_\_\_\_\_
- Beliefs \_\_\_\_\_

*“Lord I believe, help my unbelief”*

Core beliefs will always have \_\_\_\_\_ over thoughts and you cannot overcome or defeat a wrong core belief until it is \_\_\_\_\_

**Jesus always sought to reveal and transform our deep beliefs, not casual thoughts.**

The Sermon on the Mount is one place where Jesus sought to expose the power and control core beliefs have regarding things like :

- Murder
- Anger
- Adultery

We tend to shape our core beliefs about God around the \_\_\_\_\_ of our family relationships and particularly about \_\_\_\_\_ and about \_\_\_\_\_.

God is \_\_\_\_\_

because \_\_\_\_\_

so I will \_\_\_\_\_

**Level 5: Identity**

**What is fundamentally true about me?**

My identity comes from my \_\_\_\_\_ and I originate from my \_\_\_\_\_. Not from what I do **or how I am named.**

**The kingdom of heaven is like a NFL player.**

Jesus did not just die for **what you have done but for who you are**; a \_\_\_\_\_ soul to a \_\_\_\_\_ one. A slave to a \_\_\_\_\_

**New experiences necessary**

"If you always do what you've always done, you'll always get what you've always got." – Anon

**What Does God Want To Say About It?**

- 1 Write it down**
- 2 Enquire some more with Him about what He shows you**
- 3 Share it**

• Father, do I have a wrong core belief about you or my identity that you want to change?

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• Father, will you show me who you really are to me.

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## **Partnering with God:** His part and mine

The Kingdom of God is a realm that has come back to us, a new and tangible reality. This Kingdom is not a new set of rules to replace the old rules. (Mt.4:17)

The gospel of atonement and \_\_\_\_\_ of The Last Adam

### **Adam & Eve** (Ge.1:28)

- F \_\_\_\_\_
- I \_\_\_\_\_
- S \_\_\_\_\_
- D \_\_\_\_\_

The Kingdom of God is not \_\_\_\_\_, it is in us.

### **The kingdom of heaven is like a sail boat.**

### **Lordship**

We choose to partner with Jesus, our \_\_\_\_\_

Your will is your mechanism for deciding. We don't surrender our will **about things**, but the \_\_\_\_\_ we use to decide things.

Jesus take the \_\_\_\_\_

Our will is best used for \_\_\_\_\_ \_\_\_\_\_ completely, and repeatedly.

Much of our discipleship has been directed at re-enforcing our will to choose between good and evil instead of using our will to surrender and partner with Christ, totally and repeatedly.

### **Transformation**

*"And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another". (2Co.3:18)*

- Transformed, not adapted and relocated
- Enemies to children
- God's work takes over the death in our soul.
- A new sensitivity to God.
- A new ability to hear, think and obey.

**Q: Does dying to yourself and trying harder accomplish more transformation in you than the death and resurrection of Christ does? (Selah!)**

## Authority

*“I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you. However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven.” (Lk. 10:19-20)*

### **Definitions**

- Authority is \_\_\_\_\_ power
- God acts in \_\_\_\_\_ when we use his delegated authority.

You were created in God’s image as a sovereign individual with authority.

### **The kingdom of God is like a policeman**

I have authority over my own \_\_\_\_\_ and I am the only one who can choose to use it and \_\_\_\_\_ it.

God is committed to working through \_\_\_\_\_ and so is Satan, the counterfeiter. Both need your agreement and the submission of your personal authority. Therefore whoever we agree with most is where we will be \_\_\_\_\_

## Spiritual Warfare

Who or what you worship in the \_\_\_\_\_ and \_\_\_\_\_ moments of life; that is spiritual warfare.

Where is our source of truth and comfort? This is who or what we worship

Tearing down idols - (Ex.20:3)

**What happens in life is not as significant as the meaning that we attach to what happens in life.**

Whose story and meaning are you going to believe?

## Agreements

- I am loved deeply and accepted by God
- Jesus Christ is the Lord of my whole life. I surrender my will to Him and Him alone.
- I have authority to overcome all the power of the enemy
- I am always led in triumphal procession in Christ
- \_\_\_\_\_



## What Does God Want To Say About It?

1. Write it down
2. Enquire some more with Him about what He shows you
3. Share it

- Father, have I empowered opposition from wicked spirits in my life by agreeing with lies and giving away my authority?

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- Ask forgiveness
- Renounce the specific sin and unbelief of the past
- Ask Jesus for a true statement about who He is in You
- Agree and proclaim His truth

- Father, how should I re-establish and use my authority against the enemy of my soul?

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- Father, will you show me how I should use my authority to proclaim life, blessing and the nearness of your kingdom throughout this week?

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## **The Trinity of Opposition:**

### **The Demonic**

Looks different in Africa than in USA or Europe which is reason and materialism. Eph. 6.12

**Thoughts masquerading as your own but suggested from wicked spirits.**

If Satan can start the song, you will \_\_\_\_\_ it.

### **The chicken dance**

You will not be attacked in an area where you don't struggle.

**'Living in the \_\_\_\_\_ paradise!**

Who are you partnering with for ruling your \_\_\_\_\_? You are most vulnerable to the songs you know very well.

? What song are you often singing?

### **The World**

The systems of the fallen world that we live in.

A. Family.

Our families transmit blessings and curses through generations. The negative experiences war against us and the truth that God says about us. Again, Satan counterfeits and usurps God's methods.

B. Church.

Whole generations in a church can be toxic and then its authority influences in a negative way.

This institution has potential to be as hurtful as any other?

B. Government.

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**The Self** (aka The Flesh)

**Important to understand Romans 6-9** for seeing how Jesus sets us free from our \_\_\_\_\_

A. The old nature, the sin nature, the old man. - What Jesus died for.

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B. Our flesh, is the container that this nature resides in.

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The nervous system is the part that feeds you back information about your experiences. It has been programmed by the old nature for years.

**The kingdom of Heaven is like Windows to Mac or Cassettes to Mp3's**

Satan also wants to program that with lies via experiences.

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C. The new nature, the spirit. New experiences/patterns necessary.

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**In salvation the old man is crucified and buried.**

If I don't feel it I am listening to my nervous system which used to house the old man.

**The kingdom of heaven is like an \_\_\_\_\_ or an immigrant.**

So you do not have to wrestle with the old dead man as if he is still alive. That is feeding a lie, a myth, that the old man lives on. He is dead.

It is my soul that needs reprogramming, to know how to respond to the the ways of God for my life.

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## What Does God Want To Say About It?

1. Write it down
2. Enquire some more with Him about what He shows you
3. Share it

- Father, is there an area of my own thoughts where I keep repeating them like an old song, that you want to erase from my memory and replace with your words to me?

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- Father, will you show me the blessing that I have inherited from my family, and any curses that I need to renounce?

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- Father, will you show how I can allow your life to increase within me, overtaking all the old programming that I have died to.

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## The Habit of Meditation

There is no shortcut to spiritual maturity; **meditation is a non-negotiable habit** for the follower of Jesus.

**The habit of deliberate thought content, centered on God.**

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*“But his delight is in the law of the Lord, and in His law he meditates day and night.” (Ps. 1:2)*

*“Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful”. (Jos 1:8)*

*“I will meditate on your precepts and fix my eyes on your ways. “ (Ps 119:15).*

*“I meditate on all your works and consider what your hands have done. I spread out my hands to you;my soul thirsts for you like a parched land”. (Ps 143:5–6).*

*“I will meditate on all Your work and muse on Your deeds”. (Ps 77:12)*

*“Be still, and know that I am God.” (Ps.46;10)*

## Psalm 23

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*“I have found God to be cordial and generous and in every way easy to live with”!*

A.W.Tozer

## What Does God Want To Say About It?

1. Write it down
2. Enquire some more with Him about what He shows you
3. Share it

- Father, are there places and times where I could meditate but allow distractions and outside 'noise' to steal from me? Where and when are they?

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- Father, is there a place and/or time that you want to show me where I can find green pastures and still waters?

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- Father, what truth should I meditate on right now?

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